

## Frederick J Fredericks 11am - 4pm, Sunday 30th October, 2011

PLEASE NOTE: Attendees are responsible for their own safety. Please ensure you are adequately equipped for the event. A torch, map, warm clothes and waterproofs are strongly advised. In an emergency, call 999 or II2 and ask for Police, then Mountain Rescue.

## ROUTE 1

This is a guided walk of approx 3km (one way) over rugged terrain, with steep climbs. It is suitable for energetic walkers. All are welcome. Please meet in the park opposite the Horse Shoe Inn in Llangattock at IIam (NP8 IPA). Parking is available in the streets around the park.

You will be expected to find your own way back from the caves at Eglwys Faen. If you are returning to Llangattock by foot after dark, we would advise walking down the road rather than following the route marked above, due to the rough, steep track along the edge of the forestry plantation.

Route I takes in ALL the installations and performances.

## Itinerary (times are approximate)

- II.00 Guided walk (route I) leaves Llangattock
- I.00 Poetry Performance (point 2) and music by Gillian Stevens (point 3)
- 3.00 Performance by Team Sports in the entrance to Egwlys Faen cave (point 5)
- 4.00 Event Ends

## ROUTE 2

This route is approx I.5km (one way) on a disused tramway. It is mainly level with some uneven ground.

 $\mbox{\sc Please}$  Note: This route is unguided and does not take in all the performances or installations.

- I. Park in the Car Park above Pant-y-Rhiw.
- From the Car Park return to the road, then follow the road down the hill until you reach the short row of houses on the left. Leave the road here and follow the broad track in front of the houses.
- 3. Follow the track along the bottom of the escarpment for approx Ikm until you reach the caves at Eglwys Faen. If you wish you can also drop down to points I, 2 and 3 on the map to see the other installations and performances.